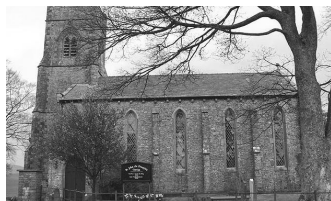


**PARISH MAGAZINE OF ST. GEORGE, KENDAL  
AND  
ST JOHN THE EVANGELIST, GRAYRIGG  
[www.beaconteam.org.uk](http://www.beaconteam.org.uk)**



**NOVEMBER 2022**



Free

Donations welcome

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<b>Deputy Wardens:</b>	Mr Ian Wilson		
<b>Verger &amp; Sacristan</b>	Mr Robert Taylor		07564297361
<b>Secretary:</b>	Mr Phil Blamire		592977
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<b>Bookings Secretary</b>	Mr Joanna Smith		732076
<b>Electoral Roll Secretary :</b>	Mrs Jennie Haigh		721503
<b>Organist :</b>	Mr Richard Bromley		
<b>Baptism Secretary :</b>	Mrs Judith Cropper		07909766861
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### **St John the Evangelist Grayrigg**

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<b>Churchwarden</b>	Mr Sam Park		824349
<b>Correspondent</b>	Mrs Pauline Robson	plnrobson@yahoo.co.uk	
<b>Minute Secretary</b>	Mrs Pauline Last		824468
<b>Treasurer</b>	Mr David Last		824468

# *Worship With Us*

## **St John the Evangelist, Grayrigg**

Sunday 6th November	9.30am	Holy Communion
Sunday 13th November	10.15am	Morning Worship and Act of Remembrance
Sunday 20th November	9.30 am	Holy Communion
Sunday 27th November	4.30pm	Evening Worship

## **St George, Kendal**

Wednesday 2nd Nov.	6.30pm	Remembering Loved ones
Sunday 6th November	11.00am	Holy Communion
Sunday 13th November	11.00am	Morning Worship and Act of Remembrance
Sunday 20th November	9.30am	Holy Communion
Sunday 27th November	11.00am	Morning Worship

## **St. Oswald, Burneside**

Tuesday 1st November	6.30pm	Remembering Loved ones
Sunday 6th November	4.30pm	Evening Worship
Sunday 13th November	11.00am	Morning Worship and Act of Remembrance
Sunday 20th November	11.00am	Holy Communion
Sunday 27th November	11.00am	Holy Communion

## **St. Thomas, Selside**

Sunday 6th November		Morning Worship with Skelsmergh
Sunday 13th November	10.30am	Holy Communion and Act of Remembrance
Sunday 20th November	4.30pm	Evening Worship
Sunday 27th November	11.00am	Worship

## **St John the Baptist, Skelsmergh**

Sunday 6th November	11.00am	Morning Worship
Sunday 13th November	10.30am	Morning Worship and Act of Remembrance
Sunday 20th November	11.00am	Holy Communion
Sunday 27th November		Morning Worship with Burneside.

## **St Mary, Longsleddale**

Sunday 13th November	10.30am	Abbey Service
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**Every TUESDAY** 6.00pm Short Evening Worship St. Oswald,  
Burneside

**Every WEDNESDAY** 9.30am: BCP Holy Communion St. Oswald,  
Burneside

**First WEDNESDAY** in Month 7.00pm Sacred Space  
St. George, Kendal (except November 2nd)

**Online:** *Worship is available throughout the week via Zoom*

Access: <https://us02web.zoom.us/j/87329356785>

Meeting ID: 873 2935 6785

Regular weekday Zoom services include :

\*Mondays 8.30pm : Compline

\* Fridays 8.30pm : Celtic Evening Prayer

A weekly email with news and updates on services is available -  
please contact [jean.radley@outlook.com](mailto:jean.radley@outlook.com) if you would like to be added to  
the list.

***Readers and Intercessors - an invitation from Lois Sparling***

Could you lend a hand at Sunday worship?

Alongside our worship leaders, we have a great little team of 8-10 Bible readers and 4 prayer-writers at St George's at the moment. Every three months I send an email round to ask people which Sundays they will be away for and slot people into a rota. Could you be part of that team? Even if you can only help out once a month or once a quarter it would be lovely to have new voices to join us. If you think you could, please drop me an email: [lois.sparling@gmail.com](mailto:lois.sparling@gmail.com). I'll be putting the next rota together in October.

Thank you. Lois

## READINGS FOR NOVEMBER 2022

**06/11/22**

**The Third Sunday before Advent**

Job 19. 23-27a

Psalm 17. 1-9 (or 17. 1-8)

[2 Thessalonians](#) 2. 1-5, 13-end

Luke 20. 27- 38

**13/11/22**

**The Second Sunday before Advent**

**(Remembrance Sunday)**

Malachi 4. 1-2a

Psalm 98

2 Thessalonians 3. 6-13

Luke 21. 5-19

*(or readings as chosen by Service Leaders)*

**20/11/22**

**The Sunday Next Before Advent: *Christ the King***

Jeremiah 23 1-6

Psalm 46

Colossians 1. 11-20

Luke 23. 33-43

**27/11/22**

**The First Sunday of Advent**

Isaiah 2. 1-5

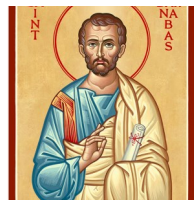
Psalm 122

Romans 13. 11-end

Matthew 24. 36-44

Dear Friends.....

November is a month of remembering. We begin with the **Feast of All Saints** on the first of the month when we celebrate all Christian saints, known and unknown. Maybe we think of those who have inspired us; my own favourite is St Barnabas, given that name which means 'son of encouragement' because he encouraged others.



**November 2<sup>nd</sup>** brings us to the Feast of All Souls when we remember particularly those whom we have loved but see no more - and of course, this year we recall with thanksgiving our beloved late Queen Elizabeth 11. Maybe you will be able to join us at one of our services, both at 6.30pm, at Burneside on November 1<sup>st</sup> and St George's on November 2<sup>nd</sup>?

**November 5<sup>th</sup>** was once a day on which everyone was required to attend a thanksgiving service in Church to give thanks for 'the inhuman, barbarous and cruel' terrorist plot to murder the king and his government' which was prevented by the miraculous discovery just in time. The legislation said the country should always be thankful and have a 'joyful day of deliverance'. The law was repealed on 25<sup>th</sup> March 1859. However, I wonder how often we have thanksgiving services now? Surely, more than ever, we need to pray for our nation and also show our gratitude for the many blessings God has given us.

**November 11<sup>th</sup>** of course, is Remembrance Day. It will be especially poignant this year, as Russia's war on Ukraine continues to cast long shadows over Europe. Studdert Kennedy, Chaplain to HM Forces during the First World War, wrote:



Waste of Muscle, waste of Brain,  
Waste of Patience, waste of Pain,  
Waste of Manhood, waste of Health,  
Waste of Beauty, waste of Wealth,  
Waste of Blood and waste of Tears,  
Waste of Youth's most precious years,  
Waste of ways the Saints have trod,  
Waste of Glory, waste of God -  
War!

We remember not only those who have given their lives in service to their country, but those service men and women who survived but are left with physical disability and mental scars.

**November 11<sup>th</sup>** is also a date I will remember, but for very different reasons. Thirty years ago on this date I was in Chester attending a Trades Union Stewards' training course. Having a couple of free hours I made my way to the Cathedral to pray - for this was the day on which the General Synod of the Church of England was to vote on whether or not to ordain women as priests. Having believed since I was fourteen years of age that God had called me to priesthood, it was the hardest prayer I have ever prayed - "Father, may your will be done". By the time I had returned to my venue the vote had already taken place. The first women were ordained priest on 12<sup>th</sup> March 1994 - and the rest, as they say, is history! However, my thoughts often go out to my sisters in the Roman Catholic Church who also believe they have heard God's call to priesthood but at present, have to live with the pain of being unable to test their vocation.

May God bless you all.

With love  
Jean

## From Our Registers

### Wedding:

25th September, St Mary's Longsleddale:

Caroline Helen Todd and Liam Howard Robinson



### Baptism:

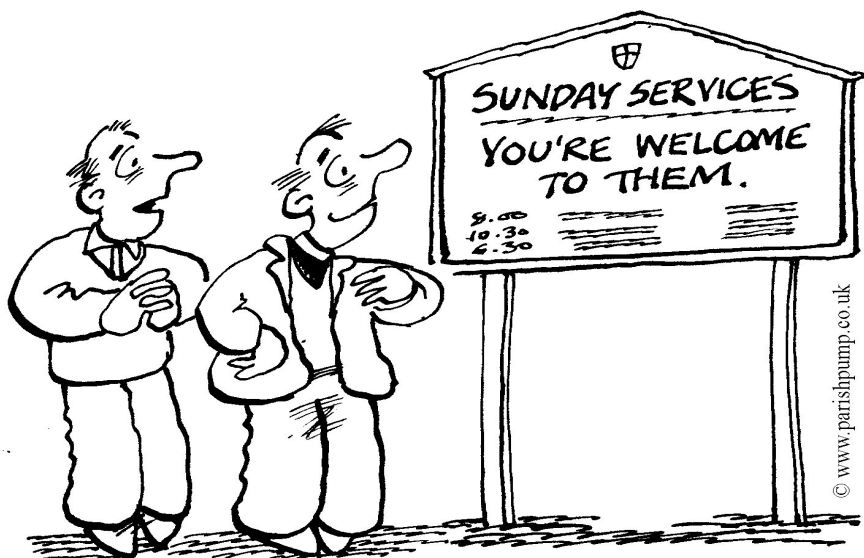
25th September, St George's Kendal: Amanda Rose Dzinora

### Funerals :

7th October St John the Baptist, Skeslmergh: Ruth Mary Fishwick

20th October, St Oswald's Burneside: Madeline Wallworth (Burial of Ashes)

28th October, St George's, Kendal: Dora Elizabeth Thwaites



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*...love the new notice board, Vicar...*

*...just not quite so sure about the wording...*



## **Interesting Facts about Poppies**

### **1. They grow on battlefields because of rubble :**

You probably know that poppies sprung up in their thousands on Flanders fields after the fighting had ceased in World War 1, but you might not know that this was because of the rubble left behind after the artillery bombardments. The lime in the fragmented masonry as a great fertiliser for poppies. After a few years, when all the lime had been absorbed by the plants the poppies largely disappeared.

### **2. Remembrance poppies were designed to be made with one hand:**

In 1922 Major George Howson set up the poppy factory in Richmond to employ disabled ex-servicemen.

Assembling the poppy required only one hand allowing veterans who had lost an arm to work on the production line. This factory still employs disabled veterans, and they make approximately 36 million poppies each year.

### **3. Scottish remembrance poppies look different from the rest of the UK.**

The Scottish poppies look different to poppies worn elsewhere in the UK. Scottish poppies are made exclusively in Lady Haig Poppy factory in Edinburgh.

When it was established the factory used a different design of four petals and no leaf and they still use this design to this day.

### **4. The first British Poppy crop was destroyed by hares:**

In the 19th century, British horticulturalists who were incentivised by the booming opium trade attempted to establish an opium poppy crop in the UK. Unfortunately for them, it was eaten by a plague of hares.

### **5. Poppies are needed to make morphine:**

Morphine is created from the milky Latex in the seed head of the opium poppy.

**continued next page.**

For this reason ,the poppy is featured on the Royal College of Anaesthetists coat of arms .



### **6: Poppy seeds are banned in China, Taiwan and Singapore**

Because of the opiate traces that can be found in poppy seeds, and the potential for the seeds to be used to grow opium poppies, they were banned as a food ingredient in China, Taiwan and Singapore. These trace amounts of opiate also means that eating even a small amount of food containing poppy seed can lead to a false positive on drug tests.



### **7. There are poppies in Tutankhamun's tomb:**

King Tutankhamun was entombed in 1325BC with ceremonial clothing made partly from the poppy plant and with illustrations of Poppies on his jewellery and furniture .In ancient Egypt the poppy was emblematic of Osiris, the God of death.

### **6. They were the symbol for remembrance before WWI:**

While most people know poppies for their association with WW1 and WW2, the flower has long been linked with young men dying too soon, especially in poems reflecting on war.

In The Iliad, Homer described the death of a young Trojan prince As being like a "full blown poppy, overcharged with rain", sinking to the ground.



# **The Twinning of Kendal and Rinteln**

## **Celebrating 30 years of twinning**

The twinning was initiated by the then Deputy Mayor of Kendal, John Studholme. At a public meeting in July 1991 a shortlist of four potential twin towns was discussed, and the meeting voted for Rinteln, as it seemed to be the most similar in characteristics to Kendal.

The Kendal-Rinteln Association was formed, and the partnership was officially started by the signing of the Twinning Charter on Torchlight evening in 1992.



Rinteln area seen from Schaumburg

Kendal has been twinned with Rinteln since 1991. Rinteln is situated on the River Weser in the region of Lower Saxony approximately 60 kilometres west of Hanover and 25 kilometres North West of Hamelin. Rinteln, with its small but fine Altstadt (old town) is considered a jewel of the Weser Renaissance (1520-1620). The historic centre with its market place is decked out with gorgeous bay windows, gables, shell ornaments, fan-rosettes, scrolls, cornices and a host of timber frames.

[The Kendal Rinteln Association](#) works tirelessly to promote Kendal to the inhabitants of Rinteln and its surrounding villages. Several hundred Rinteln inhabitants have visited Kendal, many several times developing close family friendships which last a lifetime. Educational links have played an important role in cementing friendship between the young people of our twin towns. Formal links exist between Heron Hill Primary School and Grundschule Nord Primary School in Rinteln as well as between Vicarage Park Primary School and Exten Primary School located in a village just outside Rinteln. Over the past few years a number of Kendal sixth form students have attended the annual Rinteln Sommeruni helping to foster Anglo German relations. Cultural links have always played an important part in the twinning relationship. The Kendal Concert Band, the K Shoe Male Voice Choir and the Westmorland Step and Garland Dancers have always been well received on their frequent visits to Rinteln. The Kendal Young Singers visit in the 1990s is still fondly remembered by older Rintelners. The Lakes Gospel Choir visited Rinteln in 2018 and are to make a return visit in October 2022.

<https://www.kendaltowncouncil.gov.uk/kendal-town-council/town-twinning/>



The Ratskeller in the market place



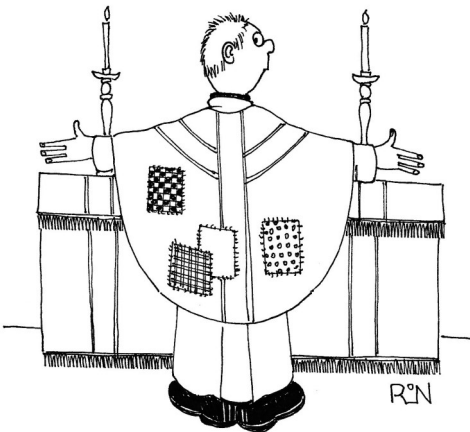
Timber framed building with St Nikolai church

## WORD SEARCH

E S Y R V G Y R A A C N Y A  
 E P O E I N S G Q B O T A I  
 R Y Y G Z D I U I A U S D P  
 E E Y K S B O N F I R E O L  
 D K M R M S E S N E A I E M  
 W R L E A V E S D D G P G A  
 O U E A M M F N A O E P P D  
 P T G B M B A E D I I O Z V  
 N A N R O L R A W A N P T E  
 U O A A F G H A N I S T A N  
 G N I V I G S K N A H T S T  
 E C A E P K A H S C F W S A  
 R L A R E L I Z A B E T H E  
 L Y U Y U G N Q A N E A D R

poppies	turkey
remembrance	all
courage	saints
bravery	advent
flanders	leaves
dead	sadness
guns	angel
war	mary
peace	elizabeth
afghanistan	bonfire
	gunpowder
iraq	guy
thanksgiving	

November is a wistful month, tinged with sadness and good-byes. The last of the leaves are falling, as the trees go to sleep for winter. It is a month of remembrance, of poppies, of remembering lost loved ones, and of letting go. It is a month of bonfires for the 'Guy', and Thanksgiving for Americans. It is a month of remembering Saints and looking forward to triumph - the church year ends with the joyful Sunday of Christ the King. And then Advent begins...looking forward to a very special Baby!



Trevor hated asking for money, but he sometimes made subtle hints

L Y U Y U G N Q A N E A D R  
 R L A R E L I Z A B E T H E  
 E C A E P K A H S C F W S A  
 G N I V I G S K N A H T S T  
 U O A A F G H A N I S T A N  
 N A N R O L R A W A N P T E  
 P T G B M B A E D I I O Z V  
 O U E A M M F N A O E P P D  
 W R L E A V E S D D G P G A  
 D K M R M S E S N E A I E M  
 E E Y K S B O N F I R E O L  
 R Y Y G Z D I U I A U S D P  
 E P O E I N S G Q B O T A I  
 E S Y R V G Y R A A C N Y A

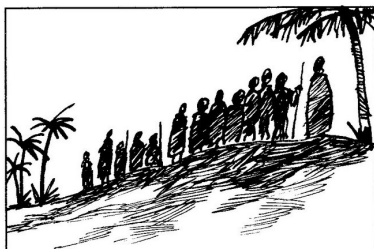
# The Doctor and the Patient



JESUS HAD MANY FRIENDS



BUT SOME WERE EXTRA SPECIAL. THESE WERE HIS 'DISCIPLES'.



JESUS ONCE ASKED A TAX-COLLECTOR CALLED 'MATTHEW' TO BE ONE OF HIS TEAM



YES!

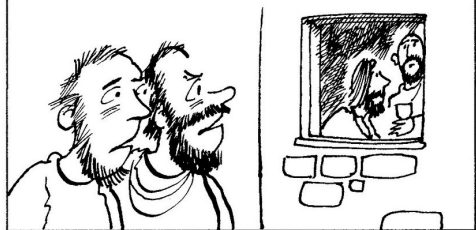


MATTHEW AGREED TO FOLLOW JESUS

JESUS WENT TO HAVE A MEAL AT MATTHEW'S HOUSE

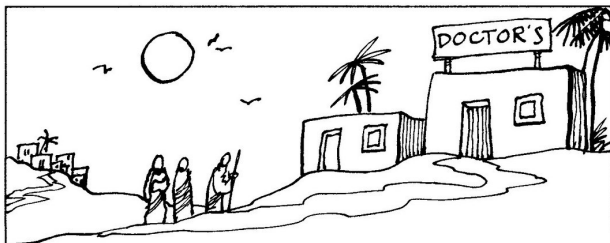


BUT MANY PEOPLE COMPLAINED ABOUT THIS. THEY THOUGHT MATTHEW WAS A BAD MAN - AND JESUS SHOULD IGNORE HIM.



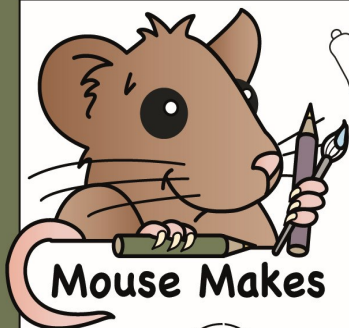
JESUS' REPLY WAS VERY STRAIGHT FORWARD.

HE EXPLAINED THAT MATTHEW NEEDED HELP, NOT CRITICISM,



"IT'S NOT THE WELL THAT NEED A DOCTOR - BUT THE SICK!"  
see Luke 5:27-32





## Mouse Makes



**READ**  
the story  
in *Luke*  
1:26-55



**What does the angel  
say about God?**  
Luke 1:37  
(LEARN this verse)

*Mary praises God, what does  
she say God has done?*  
Luke 1:46-55



Find the words  
in the word  
search and  
the \_\_\_  
words too.



## THE COMING OF A KING

The birth of Jesus is fortold



God sent a messenger to Mary  
What was the angel's name?

— — — — —  
Luke 1:26-28

**Mary was frightened,  
what did the angel say?**  
Luke 1:30



*What was Mary to  
name her child?*  
— — — — —

— — — — —  
Luke 1:31

**What is her son  
going to be?**  
Luke 1:32-33



*What happened  
to Elizabeth  
when Mary  
went to  
visit her?*  
Luke 1:41



ETHOLYSPIRITOTJSKS  
MBHCBIGTWLBZLORDA  
ELOHPRAISEOJESUSV  
SELIZABETHRONEPDI  
SSYLKWREIGNETPMEO  
ASCDIKINGDOMPHABU  
GESONREJOICEWORDR  
EDANGELZDOABABYLU

ANGEL • MESSAGE • GOD • JOSEPH • MARY • BABY • SON • BORN  
CHILD • THRONE • KING • REIGN • KINGDOM • HOLY SPIRIT • LORD  
HOLY • WORD • ELIZABETH • BLESSED • SAVIOUR • REJOICE • PRAISE

Members and friends were welcomed to our September meeting. We also welcomed our speaker, Mrs Beverley Moore, the Anna Chaplain, who had come to speak to us about the Anna Chaplaincy which is based at the Holy Trinity, Kendal Parish Church.

First the aims and purpose of the MU were read. The prayers followed, read by Elizabeth Brassington.

Beverley then began her talk by explaining that the name "Anna" is after the faithful widow who appears with Simeon in Luke's gospel, Anna meaning Grace. Anna Chaplaincy is a gracious offering from Church to local communities. Anna chaplains and their team of volunteers work with people of strong, little, or no faith promoting standards of excellence in the spiritual care of older people, offering support, listening and particularly caring for the elderly and those with dementia.

Beverley explained that she and her team of volunteers go into the local care homes and also visit people in their own homes. She said there is an ongoing need. This is a small part of her talk which was very interesting and informative, enjoyed by all members and friends,

Audrey thanked Beverley on everyone's behalf.

There are some leaflets if anyone would like information and also how Beverley can be contacted.

**Deb Lee and Daphne's cycle ride to branch parish churches,  
raising money for the Bishop's Harvest Appeal:**  
*Thank you all who contributed towards the donation of £47 which  
was raised.*



***Mothers' Union: dates for your diaries:***

**23rd November meeting:**

The meeting encompasses Advent and Christmas - preparation for Advent.

*Please bring poems, readings etc.*

**2nd December**

Advent service at Crosscrake Church at 2pm

Previous members and friends are all welcome to come to three meetings during the year without having to pay a subscription - the subscriptions are due in January. We meet at 2pm on the last Wednesday of each month in the Radley Room at St George's except in July, August and December.

*Mary Atkinson  
Branch Leader*

***Quotes - with our Christian pilgrimage in mind...***

Sometimes people think of church as being like a giant helicopter. They don't want to get too close in case they get sucked into the rotas. - *Milton Jones*

I have been driven many times upon my knees by the overwhelming conviction that I had nowhere else to go. - *Abraham Lincoln*

Billy Graham once said: "*We must repent of our prayerlessness and make prayer our priority.*"

The Church must be reminded that it is not the master nor the servant of the State, but rather the conscience of the State. It must be the guide and the critic of the State, never its tool. - *Martin Luther King Jr.*

## **GRAYRIGG COMMUNITY NEWS**

### **Fish and Chips**

A mobile Fish and Chip shop is now visiting Grayrigg every other Wednesday, November 2nd and 16th serving from 4.30 till 7.30.  
It will be situated outside the Coronation Hall

### **GRAYRIGG CORONATION HALL**

#### **PUB NIGHT**

1st Friday in every month 4th November  
Opens 7.30pm with Darts and Dominoes

### **CHURCH CLEANING**

**August - September 2022**

We aim to clean the church each week and would welcome volunteers to go onto the rota.

#### **November**

6th

13th

20th Sally and  
Wendy

27th

#### **December**

4th

11th

18th Sally and  
Wendy

*The Rota will be in the Grapevine each month. Thank you. Ann Kendal  
Tel: 824276*

### **Grayrigg Coronation Hall 200 Club**

After a 2 year break we are starting the 200 club again. Tickets are £10 and there are monthly prize draws. All proceeds go towards the upkeep of Coronation Hall .

If you would like a ticket please contact Sue Harper.



## *Howgill and Firbank WI*



The meeting on the 3rd of November is open to anyone from 7.30pm at Fairbank Village Hall : Subject to make a Christmas wreath and the competition is 'A Miniature Guy' ( no more 18 inches high).

*If you are interested in joining the WI please contact:*

Sarah Syred 01539 620667  
or Audrey Hoggarth 01539 824663

### **Rainfall in Grayrigg**

The rainfall in September 2022 was  
114.5mm or 4.15 inches

The rainfall in September 2021 was 76.5 mm or 3.01  
inches

The average rainfall over the last 30 years is 124.5 mm or 4.90 inches.



### **TIME TO SMILE**

A Sunday School teacher asked her children: "And why is it necessary to be quiet in church?"

One little girl replied helpfully: "Because people are sleeping."

## **PROPERTY TO LET**

**MARY ROWLANDSON ALMS HOUSES, GRAYRIGG**  
**N0.4 The Alms houses is available to rent from**  
**October 2022.**

**Would suit Single person or couple. Property offers lounge, dining room, kitchen, one bedroom, and shower room. Small front garden and parking to the rear.**

**Applicant should be over 55years and preferably have some connection with Grayrigg. No pets allowed.**

**Apply to Charolette Ward :**  
**1 Joiners Cottage, Tebay,, Penrith, Cumbria, CA103XG**  
**Tel: 01539624088/07855/680535**

**Email: [cward.almshouses@gmail.com](mailto:cward.almshouses@gmail.com)**

### ***Magazine articles***

Please send all articles for the St George's with Grayrigg Parish Magazine to the editor, Mary Moorby  
[marywilson635@btinternet.com](mailto:marywilson635@btinternet.com)

***Please send these by 15th of the month - we cannot guarantee that articles sent after this date will be included.***

## Grayrigg Young Farmers

We held our Annual General Meeting in August, President David Knowles reported on an excellent year, with the 80<sup>th</sup> Dinner Dance at the Castle Green Hotel and excellent results at the Field Day, Grayrigg coming 3<sup>rd</sup>, Pennine were 1<sup>st</sup>, Kent Estuary 2nd. Our new elected officers were David Knowles President, Jack Dixon Club Leader, John Handley Chairman, Ellie Burrow Secretary, Hannah Dodgson Treasurer, Hannah Sowerby Minutes Person, Lucy Gibson Social Secretary and Matthew King as Programme Officer.

Trophies handed out were as follows:

Award	Name
Best New Member	Matthew Mason
Best Junior Member	Elisha Ellis
Best Inter Member	Aidan Handley
Best Senior Member	Shannon Barnes
Best Female	Ellie Burrow
Best Male	John Handley
Crafts Trophy	Sophie Mason
Junior Stock Judging	Elisha Ellis
Senior Stock Judging	John Handley
Most Active Member	Patrick Galbraith
Member Contributing the Most to Field Day	John Handley
Most Promising Member	Lucy Gibson
Dee's Trophy	John Handley
Most Dependable Member	Bradley Pickthall
Skills Trophy	Matthew King

Our first meeting in the hall was a Fun Roadshow where over 50 members came and had a hilarious time with a variety of fun games including eating the cracker and passing the polo. Great meeting to welcome the new members. Then went to the Golf Driving Range at Oxenholme on a visit to shoot the balls and try and hit the targets. Then on to a Blind Fold Drop around New Hutton. A really interesting talk from Tom Redmayne, ex Crook Young Farmer giving a presentation about his roles within Paragon Vets and the advanced breeding in animals. We have had a practice stock judging at Kitcragg Farm by kind permission of the Dixon Family, members were to place and give reasons for 4 Leister Tup lambs and also asked to place 4 fat lambs. There was an excellent turn out with 43 members proving their knowledge of stock well. 1<sup>st</sup> place senior was Harry Harper, 2<sup>nd</sup> Callum Ellis and 3<sup>rd</sup> Matthew King and in the juniors 1<sup>st</sup> place Matthew Young, 2<sup>nd</sup> place Liz Wilson and 3<sup>rd</sup> Tom Waite.

We have entered 3 teams in both the senior and junior quiz, travelling to around the southern district - that's 24 members in the teams which is fantastic.

We then went over to the Whitehart Sports and Social Club at Sedbergh for the Pool, Darts, Dominos and Connect 4 competitions. What a great night gaining 1<sup>st</sup> place overall with results in Darts, 2<sup>nd</sup> in Pool, 4<sup>th</sup> in Female Darts, 2<sup>nd</sup> and 3<sup>rd</sup> in mixed Pool. A tremendous team effort.

Connor, Jack, Ben, Johnathon and Henry went up to Cranstons at Penrith to the Carcass Judging competition, these new junior members went along to gain experience and practice.

We have been to Kirby Stephen for the County Sports and then the Southern District Sports, competing in Dogeball, Ladies Tag Rugby, lads football, basketball, Ladies Rounders and Men's Rush Hockey, definitely keeping us all active.

Moving onto the Southern District Walling, a fine day below the Heart Shaped Wood at David and Christine Knipe's where John, Michael, Robbie, Callum, Zac, Connie, CJ, Sophie and Elisha took down their stretches of wall and then put them up again. Grayrigg once again brought home the Walling Competition trophy for the 9th year in a row. We entered 2 teams in the Brainstrust competition and both teams have got through to the next round which is fantastic.

One of our members Callum Ellis, competed in Holland representing England in the Tug of War World Championships. We were all mega proud. Callum had a amazing time

We then supported Robbie Tuir and William Longmire by providing lunch for them in the village hall as they were on their mammoth Charity Bike around the 25 clubs of Cumbria YFC with Stephen Procter as support team. They started the challenge at Newton Rigg at Penrith on Friday 23rd September and finishing the day at Broughton, biking throughout the 10 clubs of the Southern District along the way. On Saturday 24th September they set off from Broughton and made their way up the coast to finish the day at Carlisle. Sunday 25th September was Carlisle to Penrith via the remaining clubs in the County. Funds raised from the bike ride went to the Teenage Cancer Trust..

As you can see from the above we are literally entering in all young farmers competitions, we are having a great time with lots of new and old members taking part. A note for your diary - our Annual Domino Drive will be held on Tuesday 20<sup>th</sup> December in Grayrigg Coronation Hall - all welcome

Chairman: John Handley 07857197751

Secretary: Ellie Burrow 07789325534

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